



# PROGRESS NOTES

PRACTICE TRANSFORMATION RESOURCE



December 2016

*Important Update!*

Click here for information regarding  
[Health Insurance Exchange \(HIE\)/VCP Product](#)

## Dr. Gigi deBlois Announces Retirement CMO Served Central Virginia HCA for Over 28 Years

After a diverse and distinguished medical career, Dr. Gigi deBlois has announced her decision to retire from her role as Chief Medical Officer of Virginia Care Partners, effective December 31, 2016. While Dr. deBlois spent many years directly impacting clinical care, she also recognized the importance of physician leadership. Dr. deBlois served as Chief of Staff and Chief Medical Officer for Chippenham-Johnston Willis Hospital as well as President of the Virginia Society of Pathology and the Richmond Academy of Medicine. Dr. deBlois has been involved with Virginia Care Partners since its inception when she served as an independent physician on the steering committee to becoming its first Chief Medical Officer in 2014.



Georgean deBlois, MD

Her dedication and commitment to patients, her physician peers, and staff is greatly appreciated by all who have had the pleasure to work with her. On behalf of VCP's Board of Managers, Committees and staff, we appreciate her contributions and commitment to the success of the network.

### Quality Corner

Closing gaps and controlling costs are essential to achieving the quality thresholds established by each of our payer contracts and achieving network-wide shared savings.

#### Gap Focus:

#### Depression Medication Management Measure

Patients 18 and older who were newly diagnosed with Major Depression treated with antidepressants with a focus on two evidence-based medication adherence phases:

- Acute phase treatment for at least 12 weeks
- Continuation phase treatment for at least 6 months

Achieving quality score and improving patient outcomes requires patient education:

- Emphasize to patients that it may take up to 6 weeks to see the full benefit of these medications
- Educate patients on the common side effects and how they can be managed
- Reinforce the importance of taking medication for at least 6 months



### Cost Focus:

#### Generic Dispensing Rate Measure

In general, generic medications cost 80-85% less than the brand counterpart. By prescribing lower-cost generics, medication adherence and outcomes are improved and [can result in reduced hospitalizations](#). The generic dispensing rate is determined by the ratio of paid claims for generic medications divided by the total number of medication paid claims for a measurement period.

#### VCP Resource - Clinical Pharmacist

Please consider consulting [Ditina Desai](#), VCP's Clinical Pharmacist as your medication resource. Practices are encouraged to contact her regarding patients who may benefit from a more in-depth review due to issues such as polypharmacy, side effects, or cost.

## Midlevels Enhance Access and Care Coordination Enrolling NPs and PAs in Network

In an effort to improve patient satisfaction and the delivery of care across the continuum, practices are relying on midlevel providers for increased care coordination. From acting as complex care manager to offering enhanced access through same-day appointments for acute care patients to after-hours scheduling, midlevels can be part of an active team lead by the physician dedicated to providing proactive and preventive care and chronic care management.



To be an active member of VCP\*, NPs and PAs need to meet two requirements:

1. Bill under their own NPI, and
2. Be credentialed through an HCA Richmond hospital (CJW, HDH, JRMC), or for those providers who do not want hospital privileges, through an alternative credentialing option managed by the Centralized Credentials Verification Service, Inc. (CCVS)

For information regarding credentialing through CCVS, call 804-643-2287 or [Tiffany Long](#).

**\*To remain active in VCP and be eligible for performance incentives, all providers must maintain privileges through an HCA Richmond hospital or alternative credentialing option managed by CCVS.**

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