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**CONTACT:**

Cathy Soffin

Virginia Care Partners

804-887-2143

[Catherine.Soffin@VirginiaCarePartners.com](mailto:Catherine.Soffin@VirginiaCarePartners.com)

## **Virginia Care Partners Signs Agreement with Anthem Blue Cross and Blue Shield VCP Managing Care for 140,000 Patients Across Contracts**

**RICHMOND, Va. (August 1, 2016)** – [Virginia Care Partners](#) (VCP) signed an agreement with Anthem Blue Cross and Blue Shield's Enhanced Personal Health Care program to deliver patient-centered care to 48,000 members. Like VCP's other contracts, Anthem's value-based contract rewards physicians for high quality, cost-effective care.

VCP's physician-led integrated network works with the HCA Virginia Richmond-Tri Cities hospital system to deliver more coordinated, cost-effective care. This partnership improves outcomes for patients and increases the value of healthcare dollars spent for patients, employers and payers. In addition to the newest agreement with Anthem, VCP contracts provide value-based care to members of Aetna, Optima, Cigna, United Healthcare, Humana and the HCA Virginia Employee Benefit Plan.

Key elements of VCP's efforts include direct practice support, nurse alignment, and population health management. VCP analyzes clinical and claims data to review and identify cost and quality improvement opportunities for members under network care. Actionable data, including evidence-based quality measure gaps, are provided to the network primary care practices. They use this information to improve patient quality and cost outcomes by assuring that patients receive appropriate age-related preventive care, cancer screenings, and chronic disease management as well as medication management.

"Large and small network practices have insight across our patient population to examine care delivery opportunities," notes Dr. John Siedlecki, primary care physician with Family Practice Specialists of Richmond and Chair of VCP's Board of Managers. "Our agreement with Anthem, the network's largest contract to date, brings additional resources that will help us improve outcomes for each of our patients."

The increased transparency and insight into performance and cost data allows network physicians to focus patient by patient on providing care that helps them stay healthy and reduce overall cost of care. Practices are increasing office hours and educating patients about appropriate use of the ER, as well as providing more proactive chronic disease management to avoid ER visits and hospitalizations. The network reviews utilization of medical services to evaluate the most efficient and cost-effective options for optimizing patient care and cost-savings.

Network physicians are supported by a VCP clinical team comprised of a medical director, RN clinical consultants, a PharmD and a licensed clinical social worker (LCSW). The clinical consultants work with network primary care practices to assist with practice transformation through review of office processes and workflow, risk stratification of patients, and patient outreach to maximize opportunities to improve quality outcomes and reduce costs. The pharmacist assists in medication management, reconciliation and adherence. The LCSW serves as a resource to practices and patients in finding the appropriate facilities and services for behavioral health patients.

### **About Virginia Care Partners**

[Virginia Care Partners](#), LLC (VCP) is the first physician-led, clinical integration network in Virginia. Supported by advanced population health analytics, VCP's nearly 850 primary care doctors and specialists hold each other accountable and collaborate to deliver evidence-based, patient-centered healthcare solutions that improve patients' outcomes while reducing costs. While most VCP physicians operate independently and are free to use any hospital in caring for their patients, the organization is closely aligned with HCA Virginia, which has provided financial, staffing, and other support since the organization was formed. VCP has contracts with Anthem, Aetna, Optima, Cigna, United Healthcare, Humana and the HCA Virginia Employee Benefit Plan.

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